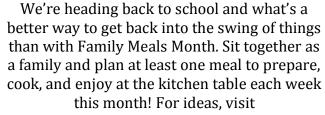


Social Media Post AUGUST

The Clearinghouse for Military Family Readiness and 5210 Healthy Children invites you to participate in the 5210 Social Media Post of the Month! Copy and paste the text and post on social media such as Facebook or Twitter. You can also copy and past the photo from below, or use your own photo! Finish your post with #5210HC. This will allow the Clearinghouse team to review and highlight those participating in the health messaging campaign!

National Family Meals Month

SHARE 5210HC ON SOCIAL MEDIA



http://bit.ly/10ctpwe. To learn more about 5210 Healthy Children, visit 5210.healthychildren.psu.edu!





Family Meals Month is a time to catch up & get some family time around the table. Visit http://bit.ly/10ctpwe for ideas! #5210HC