

Promote Your Campaign!



The 5210 Healthy Military Children Promotions Worksheet is a tool to help POCs use the items in each toolkit and create promotional materials to run the healthy messaging campaign. Below you will find a list of suggested items to order from DLA printing services on your installation, or a local or online printing company. Be sure to ask for bulk order and military discounts.



Tote bags are great promotional items encouraging patrons to head to the grocery store and purchase fruits and vegetables. They can also be a great gym bag to hold water, a towel, yoga mat, or a change of clothes!

Pens and calendar magnets with the 5210 HMC logo are not only cheap to purchase in bulk, but can help be a constant reminder to venues and families to stick to our 5210 healthy behaviors!



Hosting a fun run? What about a cooking class? Consider placing the 5210 HMC logo on the back of your shirts so that attendees see the message, and anyone else they come in contact with while wearing the shirt!

Want to encourage patrons to drink water and zero sweetened beverages? Hand out water bottles with the 5210 HMC logo, or include in your fun run gift bag!

