

## **Promotions Worksheet**

The 5210 Healthy Military Children Promotions Worksheet is a tool to help POCs plan promotional materials to run the healthy messaging campaign. Below you will find a list of suggested items to order from DLA printing services on the installation, or your local printing company. Be sure to ask for bulk order discounts and, if calling a local company, military discounts.

Use this worksheet to get an estimate of promotional items to order. There is a suggested type of unit, or audience, listed for each item and a suggested number of items per unit. Decide how many units are on the installation, multiply by # of units, and list under total. **Healthcare Professionals Toolkit Item** Type of Unit Per Unit # of Units Total Guide for Healthcare Professionals Office Tips for Healthcare Professionals Office Tips for Healthcare Professionals Movie Poster Patient rooms Tips for Healthcare Professionals Wall Poster Lobby areas Definitions & Recommendations Office Creating A Healthy Office Environment Office Healthy Eating and Healthy Activity Booklists Doctor Thirst Quencher Poster Water Fountain Guide for Clinical Practice to Begin Using 5210 Healthy Military Children Doctor Measuring Weight & Length Doctor/Nurse Measuring Height & Weight Doctor/Nurse Questionnaire (Ages 2-9) Doctor Questionnaire (Ages 10-18) Doctor Motivational Interviewing Doctor/Nurse Additional promotional item ideas that can help promote 5210 Healthy Military Children messaging campaign. Look to purchase through local or online printing companies. Tote Bags Family 1 Pens 50 Office/ Doctor & Nurse Magnet Calendar Patients Room 1 POC/ Doctor/ Nurse T-Shirts 1